



**2nd.MD**  
easy access to leading doctors

## GET ANSWERS FROM THE BEST IN MEDICINE.

Speak to a highly specialized doctor by video or phone when you have questions about:



**A Current or New Diagnosis**



**Possible Surgery**



**Your Current Treatment Plan**



**Chronic Conditions**



### Get Connected

Visit [www.2nd.md/lcra](http://www.2nd.md/lcra) or call **1.866.841.2575** to activate your membership and schedule a consultation.

### Things to Remember

2nd.MD is **confidential, fast** and **free** for all LCRA employees and their dependents, as well as retirees enrolled in LCRA medical plans and their dependents.

#### Top physicians from:

- + Johns Hopkins
- + Dana-Farber Cancer Institute
- + Mayo Clinic
- + Cleveland Clinic
- + The Texas Medical Center
- + And more...

Download the **2nd.MD** app today!



# How 2nd.MD Works

Are you facing a new diagnosis or a possible surgery? Is your doctor struggling to diagnose or find solutions for your condition? Do you want confidence that you're on the right treatment path and medications?

1



## CONTACT OUR CARE TEAM

To get started and speak directly with a nurse, contact us via:

- Online: [www.2nd.md/lcra](http://www.2nd.md/lcra)
- Phone: **1.866.841.2575**
- Email: [lcra@2nd.md](mailto:lcra@2nd.md)
- App: **2nd.MD** app on iTunes or Google Play

2



## LET US TAKE CARE OF THE DETAILS

Our nurses provide caring, comprehensive service, including:

- Speaking with you to understand your condition
- Gathering your medical history and records
- Scheduling a consult with a leading specialist from a top-ranked institution

3



## TALK TO EXPERT DOCTORS

Speak directly with an elite doctor from a top medical institution:

- By video or phone
- At a time that works for you

Your family, friends or your treating physician can also participate in the consult if you wish.

4



## RECEIVE ONGOING SUPPORT

After speaking with the doctor, you will receive a written summary of the consultation. Our nurse team will always be available to answer any questions after the consult and can provide you with local doctor recommendations if needed.