### **Harmful Algae FAQs**

## How do I know when it is safe to swim in the Highland Lakes or lower Colorado River?

Swimming in the Highland Lakes always carries a certain amount of risk. The Highland Lakes are non-chlorinated, natural water bodies, and anyone swimming in a lake could come in contact with bacteria, toxins and amoebas. LCRA conducts routine monitoring for harmful algae and their toxins, but it is not possible to test all areas of the lakes and rivers at all times. LCRA will share information at www.lcra.org/algae when toxic algae is confirmed at levels considered harmful for recreation. **People who enter the water do so at their own risk.** 

## What is LCRA's recommendation as to whether it's safe for my dog to play in the Highland Lakes?

The water quality throughout the Highland Lakes typically is excellent, but there are times when algae-producing toxins are present and can pose a danger to dogs. To reduce risk, LCRA strongly recommends people not let their dogs play in or ingest algae.

#### If I can't see any algae, does that mean the water is safe from algae toxins?

Some species of algae are planktonic, or free-floating in the water column, while others are benthic, or occurring on the bottom of a waterbody. Algae blooms on the top of the lake are easily recognized (floating green mats or scum), but benthic algae mats can be hidden at the bottom of a lake where they may be difficult to identify. An area that looks "clear" of algae material could potentially still contain toxins in the water. The main risk posed by algae toxins is through ingestion. To avoid the risk of exposure, do not allow people or pets to drink untreated lake or river water even if it appears not to contain algae material.

#### How do I tell the difference between "good" and "bad" algae?

Not all algae produce toxins. The only way to know if algae in a particular area is toxic is to collect a sample and send it to a lab for testing. "Blue-green algae" is most commonly the type of algae that produces toxins in freshwater systems. However, just because a species of algae can produce toxins does not mean it is actively producing or releasing those toxins into the environment. Blue-green algae can sometimes be intermixed with other algae that do not produce toxins. Therefore, it is recommended that people and pets avoid contact with all algae when swimming or recreating.

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#### Will harmful algae be present every year?

It is impossible to predict if harmful algae will be an issue in Colorado River reservoirs in the future. LCRA is continuing routine monitoring and working with local, regional and global experts to gain a better scientific understanding of the drivers and dynamics for harmful algae growth.

#### Can LCRA come test the water by my house for algae toxins?

LCRA and the City of Austin conduct routine testing and monitoring of water in the Highland Lakes. Testing at additional locations typically is not available.

#### How can I test the algae and water near my house?

Specialized lab tests are required for algae toxin testing. <u>See a list of labs able to</u> test for cyanotoxins.

Testing for toxins requires specialized analysis, and not every test will detect every type of toxin. There are hundreds of known toxin variants based on chemical structure modifications of the parent toxin (WHO, 2021; chapter 2).

#### Can you eat fish that are caught in the Highland Lakes?

The Texas Department of State Health Services (TDSHS) monitors fish in the state for the presence of environmental contaminants and issues bans and advisories related to seafood and aquatic life. See the TDSHS website for <u>fishing advisories</u> and <u>consumptive advisories</u>.

#### What can be done about harmful algae?

There currently is no technology or method available that will solely target toxinproducing species of algae and eliminate them from large waterbodies such as the Highland Lakes.

It's also important to note that not all algae have the potential to produce toxins, and that algae are an important component of a healthy aquatic ecosystem.

Several environmental variables contribute to harmful algae growth:

- Warm water temperatures
- Water column stability (minimal turbulence, low flows, lack of rain)
- Abundant nutrient concentrations (nitrogen and phosphorus)
- Ample sunlight



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These environmental variables can be difficult to control. As temperatures rise, research shows that an increase in the frequency and magnitude of harmful algae can occur.

Nitrogen and phosphorus, two of the main building blocks of algae growth, are common ingredients in fertilizers and are present in wastewater. The more nitrogen and phosphorus in a waterbody, the greater the potential for harmful algae growth.

Decreasing the amount of nitrogen and phosphorus entering waterways can have a big impact on improving water quality and reducing harmful algae growth, even at the household level. Here are some ways you can help:

- Keep leaf litter and grass clippings out of storm drains and out of the lake. Instead compost them or bag and remove instead.
- Establish a strip of native plants at the lowest point on our property to filter and slow down water before it enters the storm drains, creeks or lake.
- Avoid or minimize the use of fertilizers. Never apply more than the product labels instruct and opt for organic options.
- Routinely pick up after your pet.

# Are zebra mussels the reason harmful algae are now an issue in Central Texas?

There is no scientific evidence linking zebra mussels to recent harmful algae events in the Highland Lakes, but it is possible their presence is influencing the growth and abundance of benthic algae, some of which may be harmful algae species. A well-documented effect of zebra mussels is their ability to <u>increase the</u> <u>clarity of the water</u> they inhabit as a result of their filter feeding. Light penetration into water increases as clarity of water increases. If sunlight can reach greater depths of a waterbody, then algae, which uses sunlight to grow, can have more real-estate. Read this <u>scientific paper</u> to learn more about the concept of water clarity and benthic algae productivity.

In addition, zebra mussel feeding habits can move energy in the form of nutrients from the water column to the benthic, or bottom, areas of water bodies. Zebra mussels filter particles suspended in water to collect plankton to eat. The invasive mussels then excrete their waste, which gets deposited in the areas the mussels have colonized (i.e., often benthic regions). This translocation of nutrients could provide more energy for benthic algae to grow. Read this <u>scientific paper</u> to learn more about the influence invasive mussels have on nutrient cycling in lakes.

