

# LCRA Parks Nature Days FAQs

# What are LCRA Parks Nature Days?

LCRA Parks Nature Days are half-day programs at LCRA parks in Matagorda and Bastrop counties. The four-hour sessions will include fun, nature-based education and recreation such as exploring for oysters and scavenger hunts at Matagorda Bay Nature Park, or fly fishing and learning survival skills at three parks in Bastrop County (McKinney Roughs Nature Park, Lake Bastrop North Shore Park and Lake Bastrop South Shore Park).

#### Who can attend?

Groups of up to five people living in the same household may attend. At least one participant must be 18 or older. The minimum age to participate is 5 years old.

Please notify the park in advance if you will be bringing a child under 5 years old with your group. They do not need to be registered, but they do count toward the total group size.

All skill levels are welcomed.

### When and where are Nature Days?

Sessions at Matagorda Bay Nature Park will be offered Mondays, Wednesdays and Fridays, June 15-26.

Sessions in Bastrop County (McKinney Roughs Nature Park, Lake Bastrop North Shore Park and Lake Bastrop South Shore Park) will be offered Mondays, Wednesday and Fridays, June 15-Aug. 7.

All sessions will be from 10 a.m.-2 p.m.

Most activities will be outdoors; however, it may be necessary to move inside in case of bad weather. With that in mind, LCRA reserves the right to cancel events if weather predictions would force activities inside for the majority of the day.

#### Who will lead the programs?

Programs will be led by LCRA parks program coordinators, naturalists and recreation specialists.

### Does LCRA parks provide lunch, snacks or water?

Participants should bring their own food and drinks. Water fountains will be available.



What measures will be taken to protect participants from exposure to COVID-19? LCRA will require all staff and participants to wear face coverings and maintain six-foot social distancing. All program materials and common areas will be cleaned following guidelines from the Centers for Disease Control and Prevention (CDC).

All park staff and volunteers are screened daily for potential COVID-19 symptoms and exposure, and LCRA will require all participants to self-screen before participating in activities. Upon arrival, a waiver will need to be signed confirming that no participants have a temperature that exceeds 100.0 degrees Fahrenheit as outlined in the CDC guidelines or are experiencing symptoms related to COVID-19.

# What is the self-screening process?

Participants will be required to take their temperature on the day of the activity, prior to arriving at the activity location, and will need to answer the following series of questions. Anyone who answers "yes" to any of the questions will not be able to participate that day and may contact LCRA for a refund. The questions are:

- 1. Do you currently have, or within the past 48 hours have had you had, a temperature that exceeds 100.0 degrees Fahrenheit?
- 2. Have you taken any medicines such as acetaminophen or ibuprofen in the past 12 hours for the purpose of reducing a fever?
- 3. Have you taken cold or flu remedy medicines or any cough suppressants or other symptom-altering medicines in the past 12 hours (not for a normal/regular medical condition, such as seasonal allergies)?
- 4. Have you experienced any other symptoms of acute respiratory illness in the last three days, to include: a cough, sore throat, fever or shortness of breath (not due to any normal/regular allergies), or have you had diarrhea or a sudden loss of taste or smell?
- 5. Within the previous 14 days, have you had close contact with a person who has had a positive or presumptive COVID-19 test, or a person who has been told by a medical or health professional they are under investigation for COVID-19? Close contact is defined as being within 6 feet for more than 2 hours.
- 6. Within the previous 14 days, have you traveled outside of the United States, including on a cruise?

## Are participants required to wear face coverings?

Participants and staff will be required to wear a face covering during all activities.



# Will participants share materials or supplies that might be contaminated by others?

Each group will be provided its own set of materials, supplies or equipment. A staff member wearing gloves will set out materials before an activity begins, or participants will pick up their own materials, depending on the activity. If materials need to be shared between groups, LCRA will provide gloves or items will be sanitized between uses.

# What happens if a program is cancelled due to weather or illness?

LCRA will attempt to reschedule activities as space and time allows. If LCRA cannot reschedule or you can't make the rescheduled time, all fees will be refunded.

# Will participants interact with other park visitors or staff members?

For most activities, each group will be paired with its own guide. In some instances, a single staff member may address multiple groups while maintaining safe distances. Parks are also open to the public, so other visitors may be present in the general vicinity.

How many people will be participating in the same program at one time? Groups will include a maximum of five participants and one guide.

#### How often will restrooms and facilities be sanitized?

Restrooms will be sanitized two to four times per day, or more frequently as needed.