

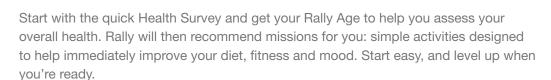




Rally can help you get healthier, one small step at a time.



Rally shows you how to make simple changes to your daily routine, set smart goals and stay on target. You'll get personalized recommendations on how to move more, eat better and feel happier—and have fun doing it.



Plus, on Rally there are lots of ways to earn Rally coins, which you can use for chances to win great rewards. Rack up coins for joining missions, pushing yourself in a challenge and even just for logging in every day.

Rally is available at no additional cost to you, as part of your health plan benefits.



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